

# Orwashers

NEW YORK'S ORIGINAL ARTISAN BAKERY



A light and airy whole wheat dough sprinkled with a mix of ancient grains including millet, course rye, oats, sunflower and flax

## PRODUCT NAME

Ancient Heirloom  
Multigrain Batard  
XL

## ITEM NUMBER

F261007

## UPC CODE

850002014464

## BRAND

Orwashers

## ALLERGENS

Made in a facility with wheat, eggs, walnuts and soybean oil present

## Nutrition Facts

About 23 servings per container  
**Serving size 2oz (57g)**

| Amount Per Serving            | % Daily Value* |
|-------------------------------|----------------|
| <b>Calories 120</b>           |                |
| <b>Total Fat</b> 0g           | <b>0%</b>      |
| Saturated Fat 0g              | <b>0%</b>      |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 0mg        | <b>0%</b>      |
| <b>Sodium</b> 310mg           | <b>13%</b>     |
| <b>Total Carbohydrate</b> 25g | <b>9%</b>      |
| Dietary Fiber 1g              | <b>4%</b>      |
| Total Sugars 0g               |                |
| Includes 0g Added Sugars      | <b>0%</b>      |
| <b>Protein</b> 3g             |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 10mg                  | 0%             |
| Iron 1.4mg                    | 8%             |
| Potassium 50mg                | 0%             |
| Vitamin A 0mcg                | 0%             |
| Vitamin C 0mg                 | 0%             |
| Vitamin E 0.1mg               | 0%             |
| Vitamin K 0mcg                | 0%             |
| Thiamin 0.2mg                 | 20%            |
| Riboflavin 0.1mg              | 10%            |
| Niacin 1.7mg                  | 10%            |
| Vitamin B6 0mg                | 0%             |
| Folate 50mcg DFE              | 15%            |
| Vitamin B12 0mcg              | 0%             |
| Pantothenic Acid 0.1mg        | 2%             |
| Phosphorus 40mg               | 4%             |
| Magnesium 5mg                 | 2%             |
| Zinc 0.2mg                    | 2%             |
| Selenium 10mcg                | 20%            |
| Copper 0.04mg                 | 4%             |
| Manganese 0.2mg               | 10%            |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), WATER, STARTER (MOTHER STARTER (WATER, FLOUR), WATER, FLOUR), YEAST, WHOLE WHEAT FLOUR, SALT

CONTAINS: WHEAT

1187 E 156TH ST, BRONX, NY 10474

## PRODUCT ATTRIBUTES

- Frozen & Refresh
- Hand Crafted
- Non-GMO Ingredients
- No Trans Fat
- No Artificial Colors
- No Artificial Flavors
- No Preservatives
- No Additives
- Vegetarian
- Vegan

## PRODUCT SPECIFICATIONS

- Unit Length: 14"
  - Unit Width: 6.5"
  - Unit Height: 3.75"
  - Average Weight : 44 oz
- STORAGE & HANDLING GUIDELINES:**
- Thaw bread on counter or cooler before refreshing.
  - Preheat oven to 385° F
  - Bake 14-20 minutes.
  - Let cool 20 minutes before eating
  - Storage Conditions: Frozen at 0° F
  - Frozen Shelf Life: 180 Days from manufacture date.

| CASE SIZE |       | PALLET           |     | CASE INFO         |          |
|-----------|-------|------------------|-----|-------------------|----------|
| Length    | 23.5" | Case Per Tier    | 5   | Pieces Per Case   | 6        |
| Width     | 15.5" | Tiers Per Pallet | 9   | Net Case Weight   | 16.5 lbs |
| Height    | 9.5"  | Cases Per Pallet | 45  | Gross Case Weight | 18.5 lbs |
|           |       | Pallet Height    | 92" | Case Cube         | 2.0      |

## ORWASHERS BAKERY

1187 E. 156<sup>th</sup> Street | Bronx, NY 10456  
718.618.7438 | frozensales@orwashers.com  
orwashers.com