



Orwashers Bakery has mastered The Bagel, a traditional version with a crisp chewy crust and delicate soft interior, abundantly strewn with seeds and toppings.

PRODUCT NAME

The Everything Health Bagel

ITEM NUMBER

F592007

UPC CODE

850002014266

BRAND

Orwashers

ALLERGENS

Made in a facility with wheat, eggs, walnuts and soybean oil present

Nutrition Facts

6 servings per container
Serving size 1 Bagel (118g)

Calories 310 **Daily Value**

Total Fat 2n

Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 920mg	40%
Total Carbohydrate 63g	23%
Dietary Fiber 6g	21%
Total Sugars 7g	

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Includes 7g Added Sugars	149
Protein 11g	
Vitamin D 0mcg	0
Calcium 30mg	29
Iron 4.8mg	259
Potassium 410mg	89
Vitamin A 0mcg	09
Vitamin C 0mg	09
Vitamin E 0.1mg	0
Vitamin K 0mcg	09
Thiamin 1.5mg	1309
Riboflavin 0.9mg	709
Niacin 10.6mg	709
Vitamin B6 0.3mg	159
Folate 535mcg DFE	1309
Vitamin B12 0mcg	0
Pantothenic Acid 2.9mg	609
Phosphorus 270mg	209
Magnesium 40mg	109
Zinc 5.8mg	509
Selenium 26mcg	459
Copper 0.2mg	209
Manganese 0.6mg	259

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SOURDOUGH STARTER, WATER, HONEY, SYRUPS, MALT, SALT, ORWASHERS EVENTHING HEALTH GRAIN BLEND (POPPY SEEDS, SESAME SEEDS, PUMPKIN SEEDS, FLAXSEED, OATS, SUNFLOWER SEEDS), YEAST

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: WHEAT

PRODUCT ATTRIBUTES

- Fully Baked & Frozen
- Hand Crafted
- Non-GMO Ingredients
- No Trans Fat
- No Artificial Colors
- No Artificial Flavors
- No Preservatives
- No Additives
- Vegetarian
- Tablet-K Kosher



PRODUCT SPECIFICATIONS

- Unit Length: 4.5"
- Unit Width: 4.5"
- Unit Height: 1.5"
- Average Weight: 4.16oz

STORAGE & HANDLING:

- Keep Frozen, Refresh as desired
- Storage Conditions: 0°F or below
- Shelf Life: 180 Days from manufacture date

CASE SIZE		PALLET		CASE INFO	
Length	19.5	Case Per Tier	10	Pieces Per Case	48 units (8-6pks)
Width	9.5	Tiers Per Pallet	9	Net / Gross Case Weight	12.5 lbs / 12.9 lbs
Height	8.8	Cases Per Pallet	90	Case Cube	.94

ORWASHERS BAKERY

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